

WELCOME TO THE GOTSCORED VIRTUAL PLATFORM AND VIRTUAL COMPETITIONS

You should have received an email including instructions on equipment needed, live streaming process, process to upload live videos to GotScored and a testing roster a week prior to the competition. It is extremely important that you read all provided documents for GS Virtual competitions. Please test your internet speed at www.fast.com. Internet speed should be greater than 25. The higher the better for good quality recording.

- **ARE YOU READY** - Do you have everything in place and are you ready to compete?
 - All required recording/streaming equipment should be tested and ready to go
 - Complete testing by following the directions on the PreComp testing on GS
 - Have you verified your team roster?
 - Did you receive the link to your roster on GotScored?
 - If your internet goes down you can continue recording with a cellphone signal and upload videos to GotScored. This is a very last resort option.
 - Make sure to change events on your roster when you go to the next event. Also check all events at the end of the competition to see if any recordings were returned and the gymnast must go again.

NOTES FROM THE JUDGES:

1. Don't talk during the recording of routines, however do say each gymnast's name prior to competing on each event
 2. Please put your camera on a tripod or stable surface. They get motion sickness from the movement if holding the recording device in your hand
 3. Remind gymnasts not to walk in front of the recording device
 4. If possible, don't video into a congested space, bright lights or windows
 5. For Vault – keep recording running for both vaults
- **COMPETITION SCHEDULE/GUIDELINES FOR GOTSCORED WEEKLY**
 - IF A GOTSCORED WEEKLY EVENT – YOU MAY RECORD ROUTINES LIVE TO GOTSCORED ANY DAY/TIME DURING THE EVENT WINDOW. ONE TRY ONLY – NO PRERECORDED VIDEOS
 - IF YOUR EVENT IS BEING HELD IN CONJUNCTION WITH AN IN-PERSON EVENT, THE SAME JUDGES WILL BE USED. SCORES WILL BE INTEGRATED WITH IN-PERSON SCORES AND AWARDS WILL BE MAILED TO THE GYM WITHIN SEVEN (7) DAYS OF THE COMPETITION
 - **COMPETITION SCHEDULE/GUIDELINES FOR GOTSCORED LIVE**
 - IF A GOTSCORED LIVE EVENT - FOLLOW THE COMPETITION SCHEDULE PROVIDED BY SESSION AND SQUAD
 - COMPETITION FORMAT
 - TRADITIONAL FORMAT IF ASSIGNED TO ONE SQUAD IN A SESSION
 - Follow competition schedule (Warm-Up/Compete) and rotate in Olympic Order – choose your own athlete order
 - CAPITOL CUP FORMAT IF ASSIGNED TO TWO OR MORE SQUADS IN A SESSION
 - Start 1st Squad warm-up/compete – Start 2nd Squad Warm-Up when Squad 1 starts competition – continue this way rotating in Olympic Order – choose your own athlete order – NOTE: If you have additional recording devices you can live stream the entire gym and record live to GS two events at the same time

- SQUAD SIZE – If you have more than 10 or more gymnasts in a squad – split squad in half – Warm-up/Compete each half. Move first half to start warm-up on the next event if you have enough coaches to do so
- SCRATCHES – If you have a gymnast scratching
 - Video a salute/touch/salute for each event scratching.
 - If gymnast injured – another gymnast may salute/touch/salute for her or coach may say gymnast is a scratch with team name and event.
- TIMING – Session times may overlap with stretch starting prior to prior session ending. Please find space in your gym to start stretch if competition is still in progress
 - Warm-Up and Event Timing Sheets – Provided in Competition Packet
 - Club/Coaches are responsible for timing your own warm-up based on the times provided for each level. *No additional warm-up on other equipment in the gym should be allowed once competition starts*
 - Club/Coaches are responsible for timing routine times for BB and FX
- **SCORING AND RESULTS**
 - Scoring is integrated with ProScore for official results. A copy of the final results for each session will be emailed to each club contact
 - Scores will be able to be seen on MeetScoresOnline (MSO) live and also on the GS Event Page with each video. You must have a GS account to view videos
 - Start Values will be shown on the GS Event Page with each video
 - If you have an additional device you can display either MSO or GS to see results in your gym. There are ways to project scores/results in your gym as well.
 - Score Inquiries will not be accepted
- **AWARDS/GIFTS** – All awards and event gifts will be mailed within seven (7) days following the competition to the gym address on your entry form.
 - AWARDS TO BE AWARDED
 - 50% of each age group of each level up to 10 places / 100% all-around
 - Top 3 teams per level
 - EVENT GIFTS
 - If apparel . . . sizes submitted on team rosters will be used. Check sizes received prior to distribution to make sure all sizes are correct. Exchanges or request for different sizes may not be available.
- **MEDICAL**
 - It is recommended you have a medical person at the competition if possible. An athletic trainer or team parent with a medical background. Emergency procedures should follow your normal club procedures.
- **EQUIPMENT**
 - In these unprecedented times we understand not all equipment in your gym would meet the required specifications for an in-person sanctioned competition. It will be each Club/Coaches responsibility to make sure the equipment/matting is safe for use by your gymnasts during the virtual competition.
- **SANCTIONED VS NON-SANCTIONED** – GotScored will do their best to have each virtual competition sanctioned by the governing body you are competing under. Some governing bodies are not allowing virtual competition to be sanctioned. USA Gymnastics has not yet approved GS as an approved virtual platform. Please double check prior to the competition if your competition is sanctioned or not if this is an issue for you.
- **THANK YOU** – We hope you enjoy your experience doing a GotScored Virtual Competition.
 - If you have any questions or need any additional information, contact our Competition Director, Elizabeth at elizabeth@gotscored.com.

GOOD LUCK and HAVE A SAFE COMPETITION