



# 2017 San Francisco Classic Competition Schedule

Cow Palace

**SATURDAY, January 13, 2018**

**Modified Capitol Cup Format**

Session 1		Level 2/3		49	Session 2		Level 4/5/6		52
8:00	-	8:20	Open Stretch		10:00	-	10:20	Open Stretch	
8:05	-	8:15	Coaches Meeting		10:05	-	10:25	Coaches Meeting	
8:20	-	8:30	March In		10:20	-	10:30	March In	
9:50			<b>AWARDS</b>		12:35			<b>AWARDS</b>	
<b>Flight A</b>			LV 2	LV 3	<b>Flight A</b>		LV 4	LV 5	LV 6
VT	Vacaville CA		4	1	VT	Pacific Edge			2
UB	USA Elite		7			Gymtowne SSF			5
BB	USA Elite			10	UB	Demaray's	2		6
FX	USA Elite		6		BB	Vacaville	3		3
<b>Flight B</b>					FX	San Rafael	1		1
VT	San Rafael		2	4		The Cave			3
UB	Demaray's		4	3	<b>Flight B</b>				
BB	Ohana			1	VT	USA Elite	7		
FX	Demaray's			7	UB	Paulding			2
						West Valley			5
					BB	USA Elite	2	5	
					FX	CA Sports			1
						USA Sports			4
Session 3		Level 9/10/XD		38	Session 4		Level 8		44
12:45	-	1:05	Open Stretch		3:10	-	3:30	Open Stretch	
12:50	-	1:00	Coaches Meeting		3:15	-	3:25	Coaches Meeting	
1:05	-	1:15	March In		3:30	-	3:40	March In	
3:00			<b>AWARDS</b>		5:40			<b>AWARDS</b>	
<b>Flight A</b>			LV 9	LV 10	XD	<b>Flight A</b>			
VT	Technique			5		VT	CA Sports		1
UB	Gold Star			1	3		Auburn - CA		5
BB	Technique		8			UB	The Cave		1
FX	Gold Star		4				West Valley		5
<b>Flight B</b>						BB	Ohana		1
VT	USA Sports				1		Gymtowne SSF		4
	Paulding		2	1		FX	Demaray's		2
UB	West Valley			1			Gold Star		2
	CA Sports		3			<b>Flight B</b>			
BB	Accel				5	VT	Technique		6
FX	Auburn - AL			1		UB	Technique		6
	Demaray's		1			BB	Technique		6
	Gymtowne SSF		1	1		FX	Paulding		2
							Gymnastics Zone		3



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Session 5	Level 7	57
5:50	-	6:10 Open Stretch
5:55	-	6:05 Coaches Meeting
6:10	-	6:20 March In
8:30		<b>AWARDS</b>
<b>Flight A</b>		
<b>VT</b>	Paulding	2
	Pacific Edge	2
	Titans	3
<b>UB</b>	Technique	8
<b>BB</b>	Auburn - CA	2
	Gymnastics Zone	4
<b>FX</b>	Technique	8
<b>Flight B</b>		
<b>VT</b>	Santa Cruz	6
<b>UB</b>	Gold Star	9
<b>BB</b>	CA Sports	1
	Gymtowne SSF	6
<b>FX</b>	Demaray's	3
	West Valley	3



**USA GYMNASTICS®**  
**Sanctioned Event**



## 2016 San Francisco Classic Competition Schedule

Cow Palace

**SUNDAY, January 14, 2018**

### Modified Capitol Cup

Session 6		Xcel Bronze	48	Session 7		Xcel Silver	57
<p><b>8:00</b> - 8:20 Open Stretch</p> <p><b>8:05</b> - 8:10 Coaches Meeting</p> <p><b>8:20</b> - 8:30 March In</p> <p><b>9:40</b>                 <b>AWARDS</b></p> <p><b>Flight A</b></p> <p style="padding-left: 20px;"><b>VT</b> WEN                                 5</p> <p style="padding-left: 20px;"><b>UB</b> San Francisco                     6</p> <p style="padding-left: 20px;"><b>BB</b> Gymtowne SSF                   7</p> <p style="padding-left: 20px;"><b>FX</b> American Gym                   6</p> <p><b>Flight B</b></p> <p style="padding-left: 20px;"><b>VT</b> Titans                                 4</p> <p style="padding-left: 20px;"><b>UB</b> American Gym                   7</p> <p style="padding-left: 20px;"><b>BB</b> USA Sports                         6</p> <p style="padding-left: 20px;"><b>FX</b> American Gym                   7</p>				<p><b>9:50</b> - 10:10 Open Stretch</p> <p><b>9:55</b> - 10:05 Coaches Meeting</p> <p><b>10:10</b> - 10:20 March In</p> <p><b>12:00</b>                 <b>AWARDS</b></p> <p><b>Flight A</b></p> <p style="padding-left: 20px;"><b>VT</b> Gymtowne SSF                   9</p> <p style="padding-left: 20px;"><b>UB</b> Gold Star                             2</p> <p style="padding-left: 40px;">Titans                                     6</p> <p style="padding-left: 20px;"><b>BB</b> Gymtowne SSF                   4</p> <p style="padding-left: 40px;">Champion                                 6</p> <p style="padding-left: 20px;"><b>FX</b> WEN                                   6</p> <p><b>Flight B</b></p> <p style="padding-left: 20px;"><b>VT</b> Head Over Heels                 6</p> <p style="padding-left: 20px;"><b>UB</b> American Gym                   5</p> <p style="padding-left: 20px;"><b>BB</b> Head Over Heels                 6</p> <p style="padding-left: 20px;"><b>FX</b> USA Sports                         7</p>			
Session 8		Xcel Gold	54	Session 9		Xcel Platinum	40
<p><b>12:10</b> - 12:30 Open Stretch</p> <p><b>12:15</b> - 12:25 Coaches Meeting</p> <p><b>12:30</b> - 12:40 March In</p> <p><b>2:25</b>                 <b>AWARDS</b></p> <p><b>Flight A</b></p> <p style="padding-left: 20px;"><b>VT</b> American Gym                   6</p> <p style="padding-left: 20px;"><b>UB</b> Auburn CA                           2</p> <p style="padding-left: 40px;">Champion                                 5</p> <p style="padding-left: 20px;"><b>BB</b> American Gym                   6</p> <p style="padding-left: 20px;"><b>FX</b> Gold Star                           2</p> <p style="padding-left: 40px;">Titans                                     4</p> <p><b>Flight B</b></p> <p style="padding-left: 20px;"><b>VT</b> Accel                                   7</p> <p style="padding-left: 20px;"><b>UB</b> Head Over Heels                 8</p> <p style="padding-left: 20px;"><b>BB</b> Accel                                   8</p> <p style="padding-left: 20px;"><b>FX</b> Ohana                                 1</p> <p style="padding-left: 40px;">Gymtowne SSF                         5</p>				<p><b>2:35</b> - 2:55 Open Stretch</p> <p><b>2:40</b> - 2:50 Coaches Meeting</p> <p><b>2:55</b> - 3:05 March In</p> <p><b>4:45</b>                 <b>AWARDS</b></p> <p><b>Flight A</b></p> <p style="padding-left: 20px;"><b>VT</b> Champion                           1</p> <p style="padding-left: 40px;">Head Over Heels                         4</p> <p style="padding-left: 20px;"><b>UB</b> Accel                                   6</p> <p style="padding-left: 20px;"><b>BB</b> Ohana                                   1</p> <p style="padding-left: 40px;">Head Over Heels                         4</p> <p style="padding-left: 20px;"><b>FX</b> Accel                                   5</p> <p><b>Flight B</b></p> <p style="padding-left: 20px;"><b>VT</b> Gold Star                           4</p> <p style="padding-left: 20px;"><b>UB</b> USA Sports                         6</p> <p style="padding-left: 20px;"><b>BB</b> Paulding                             2</p> <p style="padding-left: 40px;">Gold Star                                 3</p> <p style="padding-left: 20px;"><b>FX</b> Gymtowne SSF                   2</p> <p style="padding-left: 40px;">Auburn - CA                             2</p>			